

November

2023

Lighter Fare

Monday	Tuesday	Wednesday	Thursday	Friday
<p>*TO ORDER A MEAL, PLEASE CALL YOUR CENTER TO RESERVE IN ADVANCE*</p> <p>*THE SUGGESTED MEAL DONATION IS \$2*</p>		<p>1</p> <p>Chicken Caesar Salad Dinner Roll Strawberry Banana Applesauce</p>	<p>2</p> <p>Cuban Pork & Cheese Sandwich Broccoli Slaw Pear</p>	<p>3</p> <p>Spring Mix Salad with Chicken Dinner Roll Orange</p>
<p>6</p> <p>Turkey & Provolone Sandwich Potato Salad Mandarin Oranges</p>	<p>7</p> <p>Chicken & Swiss Sandwich Cucumbers with Ranch Pear</p>	<p>8</p> <p>BBQ Chicken Salad Dinner Roll Pineapple</p>	<p>9</p> <p>Turkey & Cheddar Sandwich Broccoli Slaw Pear</p>	<p>10</p> <p>Tuna Salad Sandwich Four Bean Salad Orange</p>
<p>13</p> <p>Turkey, Ham, & Cheddar Sandwich Diced Beets Pear</p>	<p>14</p> <p>Chef Salad with Ham Dinner Roll Orange</p>	<p>15</p> <p>Harvest Chicken Salad Dinner Roll Melon</p>	<p>16</p> <p>Roast Beef & Cheddar Sandwich Broccoli Slaw Pineapple</p>	<p>17</p> <p>Chicken Salad Sandwich Baby Carrots with Ranch Orange</p>
<p>20</p> <p>Roast Beef Club Sandwich Four Bean Salad Tropical Fruit</p>	<p>21</p> <p>Ham & Swiss Sandwich Potato Salad Pineapple</p>	<p>22</p> <p>Chicken Caesar Salad Dinner Roll Strawberry Banana Applesauce</p>	<p>23</p> <p></p>	<p>24</p> <p>Spring Mix Salad with Chicken Dinner Roll Orange</p>
<p>27</p> <p>Turkey & Provolone Sandwich Potato Salad Mandarin Oranges</p>	<p>28</p> <p>Chicken & Swiss Sandwich Cucumbers with Ranch Pear</p>	<p>29</p> <p>BBQ Chicken Salad Dinner Roll Pineapple</p>	<p>30</p> <p>Turkey & Cheddar Sandwich Broccoli Slaw Pear</p>	

November

2023

Hot Meals

Monday	Tuesday	Wednesday	Thursday	Friday
<p>*TO ORDER A MEAL, PLEASE CALL YOUR CENTER TO RESERVE IN ADVANCE*</p> <p>*THE SUGGESTED MEAL DONATION IS \$2*</p>		<p>1</p> <p>BBQ Chicken Sweet Potatoes & Brussels Sprouts Cornbread Vanilla Pudding</p>	<p>2</p> <p>Salmon w/ Lemon Butter Sauce Green Beans Lentil Soup Diced Peaches</p>	<p>3</p> <p>Pork & Sauerkraut Mashed Potatoes/Peas Dinner Roll Apple Slices</p>
<p>6</p> <p>Pesto Chicken Vegetable Blend Jello</p>	<p>7</p> <p>Beef Sloppy Joe Roasted Potato Wedges Spinach Salad Orange</p>	<p>8</p> <p>Sweet and Sour Chicken Stir Fry Vegetable Blend Vegetable Fried Rice Tropical Fruit</p>	<p>9</p> <p>Stuffed Pepper Mashed Potatoes/Mixed Veg. Dinner Roll Vanilla Greek Yogurt</p>	<p>10</p> <p>Ham & Cheese Frittata w/ Sausage Breakfast Potatoes Dinner Roll Fresh Fruit Salad</p>
<p>13</p> <p>Cheeseburger Sweet Potato Fries Vegetable Soup Clementine</p>	<p>14</p> <p>Cranberry Glazed Pork Mashed Potatoes Diced Beets Oatmeal Cookie</p>	<p>15</p> <p>Breaded Fish Wax Beans Mac & Cheese w/ Stewed Tomatoes Diced Pineapple</p>	<p>16</p> <p>Stuffed Chicken Breast Brussels Sprouts/Potatoes Dinner Roll Chocolate Pudding</p>	<p>17</p> <p>Meatballs Marinara Vegetable Blend Fresh Fruit Salad</p>
<p>20</p> <p>Meatloaf with Gravy Mashed Potatoes/Green Beans Dinner Roll Vanilla Greek Yogurt</p>	<p>21</p> <p>Chicken Tenders w/ BBQ Sauce Carrots/Butternut Squash Soup Dinner Roll Strawberry Banana Applesauce</p>	<p>22</p> <p>Beef Stroganoff Peas and Pearl Onions Buttered Rotini Clementine</p>	<p>23</p> <p></p>	<p>24</p> <p>Cheese Raviolo Alfredo Broccoli/Side Salad Dinner Roll Chocolate Chip Cookie</p>
<p>27</p> <p>Salisbury Steak w/ Mushroom Gravy Peas & Carrots Orange</p>	<p>28</p> <p>Italian Sausage w/ Marinara Sauce Broccoli & Cauliflower Pumpkin Sugar Cookie</p>	<p>29</p> <p>BBQ Chicken Sweet Potatoes & Brussels Sprouts Cornbread Vanilla Pudding</p>	<p>30</p> <p>Salmon w/ Lemon Butter Sauce Green Beans Lentil Soup Diced Peaches</p>	

November

2023

Frozen Meals

Monday	Tuesday	Wednesday	Thursday	Friday
<p>*TO ORDER A MEAL, PLEASE CALL YOUR CENTER TO RESERVE IN ADVANCE*</p> <p>*THE SUGGESTED MEAL DONATION IS \$2*</p>		<p>1</p> <p>Orange Chicken Broccoli Vegetable Fried Rice Mandarin Oranges</p>	<p>2</p> <p>BBQ Meatballs Mashed Potatoes Green Beans Apple</p>	<p>3</p> <p>Italian Breaded Haddock Italian Vegetable Blend Buttered Penne Diced Peas</p>
<p>6</p> <p>BBQ Chicken Diced Red Potatoes Mixed Vegetables Mandarin Oranges</p>	<p>7</p> <p>Swiss Steak Mashed Potatoes Peas & Carrots Apple</p>	<p>8</p> <p>Meatballs Marinara Italian Vegetable Blend Penne Tropical Fruit</p>	<p>9</p> <p>Cheese Omelet Turkey Sausage Breakfast Potatoes Orange</p>	<p>10</p> <p>Breaded Haddock Cheesy Mashed Potatoes Vegetable Blend Diced Peaches</p>
<p>13</p> <p>Meatloaf Mashed Potatoes Peas Apple</p>	<p>14</p> <p>BBQ Riblet Baked Beans Mixed Vegetables Orange</p>	<p>15</p> <p>Lemon Butter Chicken Green Beans Buttered Brown Rice Diced Pineapple</p>	<p>16</p> <p>Chicken Parmesan Italian Vegetable Blend Buttered Rotini Diced Peas</p>	<p>17</p> <p>Cheese Ravioli Alfredo Broccoli Carrots Applesauce</p>
<p>20</p> <p>Turkey Hot Dog with Chili Diced Seasoned Potatoes Diced Carrots Mandarin Oranges</p>	<p>21</p> <p>Sweet & Sour Chicken Stir Fried Vegetables Brown Rice Orange</p>	<p>22</p> <p>Chicken Tenders w/ Honey Mustard Sweet Potatoes Green Beans Diced Pineapple</p>	<p>23</p> <p>Salisbury Steak w/ Gravy Mashed Potatoes Broccoli Apple</p>	<p>24</p> <p>Cheese Lasagna Roll Up Cauliflower Peas Applesauce</p>
<p>27</p> <p>Chicken Alfredo Broccoli Penne Diced Peaches</p>	<p>28</p> <p>Turkey Sausage Diced Red Potatoes Pancake Orange</p>	<p>29</p> <p>Orange Chicken Broccoli Vegetable Fried Rice Mandarin Oranges</p>	<p>30</p> <p>BBQ Meatballs Mashed Potatoes Green Beans Apple</p>	