

March

2023

Lighter Fare Meals

Monday	Tuesday	Wednesday	Thursday	Friday
<p>*TO ORDER, PLEASE CALL YOUR CENTER TO RESERVE YOUR MEAL* *THE SUGGESTED DONATION FOR A MEAL IS \$2*</p>		<p>BBQ Chicken Salad Dinner Roll Pineapple</p> <p style="text-align: right;">1</p>	<p>Ham & Cheddar Sandwich Broccoli Salad Pear</p> <p style="text-align: right;">2</p>	<p>Chicken Cordon Bleu Sandwich Beet/Cucumber/Onion Salad Tropical Fruit</p> <p style="text-align: right;">3</p>
<p>Deli Chicken & Cheddar Sandwich Beet/Cucumber/Onion Salad Pear</p> <p style="text-align: right;">6</p>	<p>Chef Salad with Chicken Dinner Roll Fresh Orange</p> <p style="text-align: right;">7</p>	<p>Roast Beef & Cheddar Sandwich Broccoli Salad Pineapple</p> <p style="text-align: right;">8</p>	<p>Harvest Chicken Salad Dinner Roll Fresh Melon</p> <p style="text-align: right;">9</p>	<p>Pesto Chicken Salad Tomato/Olive/Onion Salad Orange</p> <p style="text-align: right;">10</p>
<p>Roast Beef Club Sandwich Four Bean Salad Tropical Fruit</p> <p style="text-align: right;">13</p>	<p>Ham & Swiss Sandwich Potato Salad Pineapple</p> <p style="text-align: right;">14</p>	<p>Beef & Blue Cheese Salad Dinner Roll Peaches</p> <p style="text-align: right;">15</p>	<p>Chicken Caesar Wrap Broccoli Salad Fresh Apple Slices</p> <p style="text-align: right;">16</p>	<p>Spring Mix Salad with Chicken Dinner Roll Orange</p> <p style="text-align: right;">17</p>
<p>Deli Sandwich Four Bean Salad Orange</p> <p style="text-align: right;">20</p>	<p>Tuna Salad Sandwich Potato Salad Orange</p> <p style="text-align: right;">21</p>	<p>BBQ Chicken Salad Dinner Roll Pineapple</p> <p style="text-align: right;">22</p>	<p>Ham & Cheddar Sandwich Broccoli Salad Pear</p> <p style="text-align: right;">23</p>	<p>Chicken Cordon Bleu Sandwich Beet/Cucumber/Onion Salad Tropical Fruit</p> <p style="text-align: right;">24</p>
<p>Deli Chicken & Cheddar Sandwich Beet/Cucumber/Onion Salad Pear</p> <p style="text-align: right;">27</p>	<p>Chef Salad with Chicken Dinner Roll Fresh Orange</p> <p style="text-align: right;">28</p>	<p>Roast Beef & Cheddar Sandwich Broccoli Salad Pineapple</p> <p style="text-align: right;">29</p>	<p>Harvest Chicken Salad Dinner Roll Fresh Melon</p> <p style="text-align: right;">30</p>	<p>Pesto Chicken Salad Tomato/Olive/Onion Salad Orange</p> <p style="text-align: right;">31</p>

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Frozen Meals

Monday	Tuesday	Wednesday	Thursday	Friday
<p>*TO ORDER, PLEASE CALL YOUR CENTER TO RESERVE YOUR MEAL* *THE SUGGESTED DONATION FOR A MEAL IS \$2*</p>		<p>1 Roast Chicken Sweet Potatoes Green Beans</p>	<p>2 Salisbury Steak with Gravy Mashed Potatoes Peas</p>	<p>3 Cheese Tortellini Cauliflower Peas</p>
<p>6 Chicken Alfredo Broccoli Penne Pasta</p>	<p>8 Scrambled Eggs Turkey Sausage Breakfast Potatoes</p>	<p>9 Honey Mustard Chicken Potato Wedges Chuckwagon Corn</p>	<p>10 BBQ Meatballs Mashed Potatoes Green Beans</p>	<p>10 Italian Breaded Haddock Italian Vegetable Blend Penne Pasta</p>
<p>13 BBQ Chicken Red Potatoes Mixed Vegetables</p>	<p>Swiss Steak Mashed Potatoes Peas and Carrots</p>	<p>15 Meatballs Marinara Italian Vegetable Blend Penne Pasta</p>	<p>16 Cheese Omelet Turkey Sausage Breakfast Potatoes</p>	<p>17 Breaded Haddock Cheesy Mashed Potatoes Vegetable Blend</p>
<p>20 Meatloaf Mashed Potatoes Peas</p>	<p>BBQ Riblet Baked Beans Mixed Vegetables</p>	<p>22 Lemon Butter Chicken Green Beans Brown Rice</p>	<p>23 Chicken Parmesan Italian Vegetable Blend Rotini Pasta</p>	<p>24 Cheese Ravioli Broccoli Carrots</p>
<p>27 Sausage and Peppers Breakfast Potatoes Carrots</p>	<p>28 Sweet and Sour Chicken Stir Fried Vegetables Brown Rice</p>	<p>29 Roast Chicken Sweet Potatoes Green Beans</p>	<p>30 Salisbury Steak with Gravy Mashed Potatoes Peas</p>	<p>31 Cheese Tortellini Cauliflower Peas</p>

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Hot Meals

Monday	Tuesday	Wednesday	Thursday	Friday
<p>*TO ORDER, PLEASE CALL YOUR CENTER TO RESERVE YOUR MEAL* *THE SUGGESTED DONATION FOR A MEAL IS \$2*</p>		<p>Meatloaf Mashed Potatoes Vegetable Blend</p> <p>1</p>	<p>Breakfast Sandwich Breakfast Potatoes Fruit Salad English Muffin</p> <p>2</p>	<p>Breaded Fish Sandwich Potato Salad Cream of Mushroom Soup Orange</p> <p>3</p>
<p>Beef Pot Pie Mixed Vegetables Diced Pineapple</p> <p>6</p>	<p>BBQ Meatballs Mashed Potatoes Carrots Dinner Roll</p> <p>7</p>	<p>Kielbasa & Sauerkraut Peas Dinner Roll</p> <p>8</p>	<p>Orange Chicken Vegetable Blend Brown Rice</p> <p>9</p>	<p>Cheese Ravioli Spinach Salad Dinner Roll</p> <p>10</p>
<p>Salisbury Steak Mashed Potatoes Green Beans Dinner Roll</p> <p>13</p>	<p>Chicken Alfredo Broccoli Dinner Roll</p> <p>14</p>	<p>Roast Pork Sandwich Mashed Potatoes Brussel Sprouts</p> <p>15</p>	<p>Spaghetti and Meatballs Broccoli Cauliflower</p> <p>16</p>	<p>Ham and Cabbage Potatoes Dinner Roll</p> <p>17</p>
<p>Sausage & Peppers Vegetable Blend Dinner Roll</p> <p>20</p>	<p>Cheeseburger Potato Wedges Peaches</p> <p>21</p>	<p>Chicken Marsala Mashed Potatoes Beans</p> <p>22</p>	<p>Tuna Noodle Casserole Broccoli Garden Salad</p> <p>23</p>	<p>Cheese Tortellini Vegetable Blend Dinner Roll</p> <p>24</p>
<p>Cheese Omelet Hash Browns Peppers and Onions</p> <p>27</p>	<p>Pulled Pork Sandwich Carrots Coleslaw</p> <p>28</p>	<p>Stuffed Chicken Breast Green Beans Brown Rice</p> <p>29</p>	<p>Meatloaf Mashed Potatoes Vegetable Blend</p> <p>30</p>	<p>Breakfast Sandwich Breakfast Potatoes Fruit Salad English Muffin</p> <p>31</p>