

JANUARY

2024 LIGHTER FARE

LACKAWANNA COUNTY SENIOR COMMUNITY CENTERS MENU

MON	TUE	WED	THU	FRI
1 Turkey, Ham, & Cheddar Sandwich Diced Beets Pear	2 Roast Beef & Cheddar Sandwich Broccoli Slaw Pineapple	3 Italian Salad Dinner Roll Tropical Fruit	4 Chef Salad with Ham Dinner Roll Orange	5 BBQ Chicken & Cheese Sandwich Carrots with Ranch Orange
8 Roast Beef Club Sandwich Four Bean Salad Tropical Fruit	9 Ham & Swiss Sandwich Potato Salad Pineapple	10 Chicken Caesar Salad Dinner Roll Strawberry Banana Applesauce	11 Cuban Pork & Cheese Sandwich Broccoli Slaw Pear	12 Spring Mix Salad with Chicken Dinner Roll Orange
15 Turkey & Provolone Sandwich Potato Salad Mandarin Oranges	16 Chicken & Swiss Sandwich Cucumbers with Ranch Pear	17 Pesto Chicken Salad Dinner Roll Pineapple	18 Turkey & Cheddar Sandwich Broccoli Slaw Pear	19 Ham Salad Sandwich Four Bean Salad Orange
22 Turkey, Ham, & Cheddar Sandwich Diced Beets Pear	23 Roast Beef & Cheddar Sandwich Broccoli Slaw Pineapple	24 Italian Salad Dinner Roll Tropical Fruit	25 Chef Salad with Ham Dinner Roll Orange	26 BBQ Chicken & Cheese Sandwich Carrots with Ranch Orange
29 Roast Beef Club Sandwich Four Bean Salad Tropical Fruit	30 Ham & Swiss Sandwich Potato Salad Pineapple	31 Chicken Caesar Salad Dinner Roll Strawberry Banana Applesauce	*TO ORDER A MEAL, PLEASE CALL YOU CENTER TO RESERVE IN ADVANCE* *THE SUGGESTED MEAL DONATION IS \$2*	

JANUARY

2024 HOT MEALS

LACKAWANNA COUNTY

SENIOR COMMUNITY

CENTERS MENU

MON	TUE	WED	THU	FRI
1 Spaghetti & Meatballs Broccoli Side Salad Jello	2 Pulled Pork Sandwich Coleslaw Chuckwagon Corn Fresh Melon	3 Orange Chicken Vegetable Blend Veg. Fried Rice Pineapple	4 Meatloaf with Gravy Mashed Potatoes Vegetable Blend Tropical Fruit	5 Cheese Lasagna Rollup Cauliflower Carrots Oatmeal Cookie
8 Roast Pork w/ Gravy Sweet Potatoes Brussels Sprouts Pound Cake	9 Breaded Chicken Sandwich Broccoli Beef/Peppers Soup Chocolate Pudding	10 Swiss Steak Mashed Potatoes Beets Choc. Chip Cookie	11 Chicken Piccata Carrots Buttered Rotini Fresh Fruit Salad	12 Cheese Ravioli Winter Veg. Blend Dinner Roll Mandarin Oranges
15 Broccoli & Cheese Stuffed Chicken Wax Beans Brown Rice Diced Mango	16 Hot Dog & Sauerkraut Cauliflower Greek Yogurt Peaches	17 Eggplant Rollatini Scalloped Potatoes Broccoli/Red Peppers Blushing Pears	18 Beef Stew Carrots Brussels Sprouts Straw/Banana Applesauce	19 Breaded Fish Sandwich Side Salad Lentil Soup Clementine
22 Breaded Chick. Fritters Broccoli Mac & Cheese Melon	23 Stuffed Cabbage Roll Mashed Potatoes Green Beans Greek Yogurt	24 Chicken Alfredo Veg. Blend Buttered Penne Apple Slices	25 Cheeseburger Sweet Pot. Fries French Onion Soup Orange	26 Cheese Omelet w/ Peppers & Onions Breakfast Potatoes Fresh Fruit Salad
29 Spaghetti & Meatballs Broccoli Side Salad Jello	30 Pulled Pork Sandwich Coleslaw Chuckwagon Corn Fresh Melon	31 Orange Chicken Vegetable Blend Veg. Fried Rice Pineapple	*TO ORDER A MEAL, PLEASE CALL YOUR CENTER TO RESERVE IN ADVANCE* *THE SUGGESTED MEAL DONATION IS \$2*	

JANUARY

2024 FROZEN MEALS

LACKAWANNA COUNTY

SENIOR COMMUNITY

CENTERS MENU

MON	TUE	WED	THU	FRI
¹ Turkey Dog w/ Chili Seasoned Potatoes Carrots Mandarin Oranges	² Sweet/Sour Chicken Vegetables Brown Rice Orange	³ Chicken Tenders Sweet Potatoes Green Beans Diced Pineapple	⁴ Salisbury Steak/Gravy Mashed Potatoes Broccoli Apple	⁵ Cheese Manicotti Cauliflower Peas Applesauce
⁸ Chicken Alfredo Broccoli Penne Diced Peaches	⁹ Turkey Sausage Diced Red Potatoes Pancake Orange	¹⁰ Orange Chicken Broccoli Veg. Fried Rice Mandarin Oranges	¹¹ BBQ Meatballs Mashed Potatoes Green Beans Apple	¹² Breaded Haddock Veg. Blend Penne Diced Pears
¹⁵ BBQ Chicken Fritters Diced Red Potatoes Mixed Vegetables Mandarin Oranges	¹⁶ Swiss Steak Mashed Potatoes Peas & Carrots Apple	¹⁷ Spaghetti/Meatballs Peas and Carrots Tropical Fruit	¹⁸ Cheese Omelet Turkey Sausage Breakfast Potatoes Orange	¹⁹ Breaded Haddock Cheesy Potatoes Vegetable Blend Diced Peaches
²² Meatloaf Mashed Potatoes Buttered Peas Apple	²³ BBQ Riblet Baked Beans Mixed Vegetables Diced Pineapple	²⁴ Fajita Chicken Chuckwagon Corn Brown Rice Orange	²⁵ Chicken Parmesan Buttered Veg. Blend Buttered Rotini Diced Pears	²⁶ Tortellini Alfredo Buttered Broccoli Buttered Carrots Applesauce
²⁹ Turkey Dog w/ Chili Seasoned Potatoes Carrots Mandarin Oranges	³⁰ Sweet/Sour Chicken Vegetables Brown Rice Orange	³¹ Chicken Tenders Sweet Potatoes Green Beans Diced Pineapple	*TO ORDER A MEAL, PLEASE CALL YOU CENTER TO RESERVE IN ADVANCE* *THE SUGGESTED MEAL DONATION IS \$2*	